

BATU-EXAM

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at MET Bhujbal Knowledge City

Engg Mechanics Department

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Tutorial No. 2.

i) Introduction to basic terms of Pathophysiology.

- i) Disease = The term disease broadly refers to any condition that impairs normal function i.e. functional abnormality. It may be caused by external factors such as infectious disease or it may be caused by internal dysfunctions like autoimmune diseases.
- ii) Pathophysiology = Pathophysiology is described as the study of the biological and physical manifestations of disease as they correlate with the underlying abnormalities and physiological disturbances.
- iii) Etiology = Etiology is the cause or origin of disease.
- iv) Injury = Physical harm or damage to someone's body caused by an accident or an attack, is termed as injury.
- v) Pathogenesis = Ischemia = Pathogenesis is defined as the origination and development of a disease.
- vi) Ischemia = Ischemia is lack of blood supply to a part of the body. Ischemia may cause tissue damage due to the lack of oxygen and nutrients.
- vii) Hypoxia = Hypoxia is the condition in which there is a decrease in the oxygen supply to a tissue.
- viii) Necrosis = Necrosis is defined as the death of most

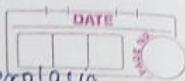
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or all of the cells in an organ or tissue due to disease, injury, or failure of the blood supply.

- ix) Homeostasis = Homeostasis is a state of balance among all the body systems needed for the body to survive and function correctly.

fragmentation of polyp
 (d) Altered Permeability
 fatty acids, which form membrane permeability
1.4.3 Free Radical Mediate
 Free radicals are chemical entities extremely unstable or reactive, inside cells. They can oxidatively damage cellular components. Radicals also trigger autocatalytic reactions. Many reactions involve reduction of oxygen to water, activation of transition metals, and generation of other radicals.

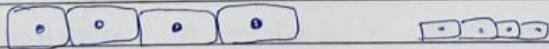
Tutorial no. 3



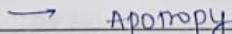
- Ques 3 Give detail about Atrophy, Hypertrophy, hyperplasia, metaplasia, dysplasia

→ Atrophy

1. Atrophy is decrease in cell size due to loss of cell substance
2. Atrophic cells are living although they function at subnormal level. Cellular atrophy causes decrease in organ size
3. The stimuli causing organ atrophy are same as that cause apoptosis
4. If atrophy takes place in enough number of organ's cell the complete organ becomes smaller
5. The stimuli may lead to decreased work load, loss of innervation, ischemia, inadequate nutrition, deficiency or lack of endocrine secretion and aging.
6. Atrophy may result from imbalance of protein synthesis and breakdown
7. Deficiency of hormones, which promote protein anabolism and/or excess of catabolic hormones, which promote protein breakdown anabolism &/or excess of catabolic hormones may both lead to atrophy.
8. These hormones include insulin, glucocorticoids & thyroid stimulating hormone.
9. Atrophy is mainly found in heart, skeletal muscle, brain etc
10. It may be pathological or physiological



Normal



→ Apoptosis

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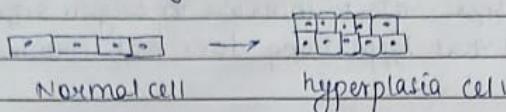
(d) Altered Permeability due to Detergency: Breakdown of phospholipids by fatty acids, which form calcium. The soaps decrease surface tension and membrane permeability by their surfactant action.

1.4.3 Free Radical Mediated Cell Injury

Free radicals are chemical entities with an unpaired electron in an outer orbital, extremely unstable or reactive, so they readily react with bio-molecules, when inside cells. They can rapidly degrade nucleic acids and many membrane molecules. Free radicals also trigger autocatalytic reactions, which generate more free radicals. Free radicals are generated by many reactions like absorption of ultra-violet light by water; the reduction of oxygen to water; activity of many oxidases like xanthine oxidase and reactions catalysed by transition metal ions e.g. Fenton reaction. Metabolism of chemicals also generates free radicals e.g. carbon tetrachloride. Free radicals

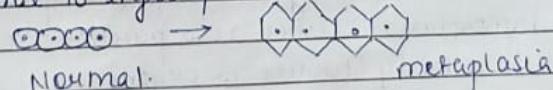
Pathologic hyperplasia is mostly due to excessive tissue stimulation by hormone or growth factors

Pathologic hyperplasia may also be involved in carcinogenesis. Proliferation of fibroblasts & angiogenesis is process of wound healing, is another example of pathologic hyperplasia.



→ Metaplasia

1. Metaplasia is defined as the replacement of one differentiated somatic cell type with another differentiated somatic cell type in same tissue.
 2. Direct change in type of cell.
 3. The function of one cell is completely different to that of other.
 4. Metaplasia can also occur as a normal physiological response. For ex: the squamous metaplasia that occurs in the uterine cervix during the menstrual cycle as the squamocolumnar junction migrates across the transformation zone.
 5. Metaplasia arises from differentiated cell type in response to injury.



→ Dysplasia:

1. The Abnormal or stoppage of growth.
 2. When growth of cell is stopped & its shape & size remain constant as per germ cell then it's called dysplasia
 3. It's disordered cell development
 4. It occurs more often in epithelial cells.
 5. Epithelial dysplasia is characterized by cellular proliferation, cytotic changes.

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concentrations of activated oxygen species. They cause a brief burst of activated neutrophils, which infiltrate reperfused tissue in large numbers. Reactive oxygen species damage membranes by lipid per-oxidation fragmentation of polypeptides.

1.4.3 Free Radical Mediated Cell Injury

Free radicals are chemical entities with an unpaired electron in an outer orbital, extremely unstable or reactive, so they readily react with bio-molecules, when inside cells. They can oxidatively degrade numerous acids and many membrane molecules. Free radicals also trigger autocatalytic reactions, which generates more free radicals. Free radicals are saturated by many reactions like absorption of ultra-violet light by water, the conversion of many substances like ascorbic acid and a number of other substances to their reaction products. Metabolism

is. in

such cases when biomolecules or they may be metabolic intermediates capable of binding directly to bio-molecules. It binds to -SH groups of protein, which causes considerable increase in membrane permeability. Nucleotides or other organics. Such chemicals damage membranes at low concentrations. Many chemicals are not damaging themselves but metabolites that are capable of cellular damage. The most important group of such metabolites are reactive oxygen species. They are formed by cytochrome P-450 mixed function oxidases in liver. These reactive oxygen species can bind covalently with lipids and/or proteins may cause damage to cellular functions. Carbon tetrachloride induced liver injuries are due to metabolism of carbon tetrachloride to carbon trichloride free radicals, which can damage phospholipids and breakdown of the endoplasmic reticulum. The deficit of apoproteins reduces hepatic triglycerides, leading to the condition called fatty liver. There is accumulation and dissociation of liposomes from the membrane leads to cellular swelling. Lipid peroxidation further damage plasma membranes causing loss of membrane integrity.

A MORPHOLOGY OF CELL INJURY

DATE

→ Hyper trophy

- 1 Hypertrophy is increase in cell size due to increased synthesis of cell substance
 - 2 Thus, proteins & cytoskeletal elements are synthesized in greater amount by a hypermorphed cell
 - 3 Increase in cell size reflects increase in organ size
 - 4 Most imp fact that hypertrophy does not involve increase in cell numbers.
 - 5 The stimuli that trigger hypertrophy are increased functional demand and excessive stimulation by trophic hormones
 - 6 Trophic hormones act by ↑ rate of transcription of genes thereby increasing protein synthesis
 - 7 It's generally caused by increased functional demand
Hypertrophy can be either physiological or pathological

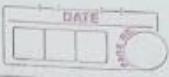


Normal → hypertrophy.

→ hyperplasia.

- 1 The increase in the number of cells in a tissue or an organ is called Hyperplasia. It also increases organ size, but unlike hypertrophy there is no increase in cell size.
 - 2 It can be either physiological or pathological
 - 3 Physiological hyperplasia occurs as a part of normal growth & development of body tissues & organs
It can be of 2 types based on the trigger
 - 4 Hormonal hyperplasia - It's proliferation of cells under the influence of a hormone
Proliferation of female breast at puberty and during pregnancy is an example of physiological hormonal hyperplasia.
 - 5 Removal of a portion of a tissue also acts as a powerful trigger for hyperplasia. This type of hyperplasia is called compensatory hyperplasia.

Respiratory - Increase / decrease rate of CO_2 elimination
Metabolic - other than respiratory



→ Electrolytic Imbalance:

- 1) Blood stream contains many chemicals that are very essential for normal body functions. electrolyte are one of them.
- 2) Ca^{2+} , Mg^{2+} , Na^{+} , K^{+} are some example.
- 3) The disturbance in these electrolyte level in human body can cause a variety of disturbances. as is termed as electrolytic Imbalance.
- 4) It can result in vomiting, Diarrhoea, sweating, High fever etc.

(a) **Loss of permeability:** Increases in permeability of phospholipases, which are ATP-dependent. These enzymes break down phospholipids, which are dependent on membrane potential. Thus, if membrane potential is lost, the loss of cell membrane phospholipids are progressively lost. The ischemic liver injury is characterized by loss of cell membrane phospholipids.

(b) **Stretching and Rupture:** Calcium also activates intra-cellular proteinases, which damage the cytoskeleton. Cytoskeletal damage together with cellular swelling can detach the cell membrane from cytoskeleton, rendering it vulnerable to stretch and rupture.

(c) **Oxidative Damage:** Reproduced ischemic tissues have been found to contain concentrations of activated oxygen species. They are produced during the resumption of activated neutrophils, which infiltrate reperfused tissue in large numbers. Reactive oxygen species damage membranes by lipid peroxidation, fragmentation of polyisoprenes.

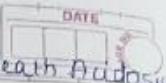
(d) **Altered Permeability due to Detergents:** Breakdown of phospholipids generates fatty acids, which form calcium soaps. The soaps decrease surface tension and increase membrane permeability by their surfactant action.

1.4.3 Free Radical Mediated Cell Injury

Free radicals are chemical entities with an unpaired electron in an outer orbital. They are extremely unstable or reactive so they readily react with bio-molecules, when generated in the body. They can potentially damage nucleic acids and many membrane molecules. They can catalyze chain reactions, which generate more free radicals. Free radicals are formed by various mechanisms like generation of ultraviolet light by water, the separation of oxygen from haemoglobin, like xanthine oxidase and other metabolic reactions. Metabolism of

Tutorial no. 4

| 06/23 | 4 Define Calcification, Enzyme leakage & cell death Acidosis & Alkalosis, Electrolyte imbalance.



Ans Calcification: i) Deposition of calcium salt in tissues other than osseous or enamel.

OR

- 1) Accumulation of calcium in body tissues
- 2) It normally occurs in formation of bone but abnormal deposition / buildup of calcium can disrupt body's natural process.
- 3) Two distinct types of pathologic calcification are recognized as
 - A] Dystrophic calcification
 - B] Metastatic calcification
- 4) It can occur due to hypercalcemia, calcium metabolic disorder, calcium rich diet etc

Enzyme leakage & cell death:

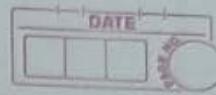
- 1) The lysosomes inside cell is fulfilled with hydrolytic enzymes
- 2) These enzymes are so much destructive that it can instantly destroy the whole cell hence, they are safely packed inside lysosomal membrane.
- 3) Disbalance in normal body function & acid base balance can lead to breakage of lysosomal membranes & leakage of these enzymes that eventually leads to cell death.

Acidosis & Alkalosis:

- 1) Most of body organs functions at certain pH range
- 2) Imbalance of pH range can cause disturbance in functioning. Ideally, pH of blood = 7.4
- 3) If pH goes above 7.4, alkalosis & If pH goes below 7.4 then acidosis
- 4) Acidosis & alkalosis of 2 types

extremely unstable & reactive, so they readily react with bio-molecules, when inside cells. They can oxidatively degrade nucleic acids and many membrane molecules. Free radicals also trigger autocatalytic reactions, which generate more free radicals. These are generated by many reactions like absorption of ultra-violet light by water, the reduction of oxygen to water, activity of many oxidases like xanthine oxidase a. Free radicals attack the Thymine bases in DNA structure.

a. **Peroxidation of Membrane Phospholipids:** Reactive oxygen species (ROS) have double bonds in polyunsaturated lipids. The reaction generates peroxides, which further propagates the damage by generating more free radicals.



- d) Altered Permeability due to Detergency:
 - 1) Breakdown of phospholipids generates fatty acids, which forms calcium.
 - 2) The soaps decrease surface tension & increases membrane permeability by their surfactant action.

Tutorial no. 5

6/23

5 Write a note on cell membrane damage



Ans: 1. Membrane of cell can be easily damaged by any type of destructive physical agent like heat, radiation.

2. Membrane damage seems to be the key factor in irreversible cell injury.

3. Loss of oxygen supply caused by hypoxia. decrease ATP formation due to this supply of essential material that cell needs to survive gets reduced.

4. This damage is accompanied by loss of selective permeability & osmotic regulation.

5. Cell membrane may be damaged in some ways.

The following are some of mechanism of this damage:

a) loss of membrane phospholipids

1. Massive Ca^{2+} influx due to loss of selective permeability increase cytosolic calcium concentration.

2. Calcium activates endogenous phospholipases, which degrade membrane phospholipids.

3. Synthesis & recycling of phospholipids are ATP-dependent & hence, diminished hypoxia

4. Thus, membrane phospholipids are progressively lost.

5. The irreversible ischemic liver injury is characterized by loss of cell membrane phospholipids.

b) stretching & rupture:

1. Calcium also activates intra-cellular proteases, which damage the cytoskeleton.

2. Cytoskeleton damage together with cellular swelling may detach cell membrane from cytoskeleton.

c) Oxidative Damage:

1. High conc of oxygen species are activated.

2. They are produced during oxidative burst of activated neutrophils, which infiltrate repurposed tissue in large.

No. Reactive oxygen species damage membranes & lipids peroxidation & fragmentation of polypeptides



Tutorial No. 7 -

Write

- Right about clinical signs of inflammation. Different types of Inflammation.
 ⇒ - The clinical signs of inflammation include loss of function, heat, pain, redness and swelling.
 - Inflammation is part of the body's complex biological response to harmful stimuli, such as irritants, pathogens, and damaged cells.
 - It is clinically useful to differentiate inflammation and infection as there are many pathological situations where distinguishing them is highly essential to evaluation and treatment.
 • These are two types of inflammation:-

1) Acute inflammation

- The response to sudden body damage, such as cutting your finger.
- To heal the cut, your body sends inflammatory cells to the injury. These cells start healing process.

2) Chronic inflammation

- Your body continues sending inflammatory cells even when there is no outside danger.
- For example, in rheumatoid arthritis inflammatory cells and substances attack joint tissue leading to an inflammation that comes and goes and can cause severe damage to joints with pain and deformities.

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- Extrinsic asthma: Major factor involved.
- allergens like pollens, moulds, house dust mite, animals.
- occupational chemicals.
- It's most common in children & is precipitation by known allergens.
- The mast cells are found around blood vessels in connective tissue.
- In lining of gut & in upper & lower lining of resp. tract.
- The allergen enters in human body through respiratory tract or GIT tract.
- Intrinsic asthma.
- viral respiratory tract infection.
- Psychological stimulant.
- Emotional upsets.

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Tutorial No. 10.

1. Write a note on Asthma.

⇒ - Asthma is a chronic lung disease that burning & narrow the airways. Asthma cause chronic period of puffed, chest rigidity, tightness of breathe & coughing.
 - the airways are tubes that hold air into & out of your lungs. The coughing often occurs at night or early in morning.
 - The sequence results in asthma symptoms. Symptoms can occur each time the airways are swollen.
 - Asthma is a chronic respiratory disease involving inflammation & narrowing of airways that is one of major non-communicable diseases worldwide.

- Types of Asthma

- 1) Allergic Asthma
- 2) Non Allergic Asthma
- 3) Exercise induced asthma
- 4) Occupational Asthma
- 5) Cough variant asthma
- 6) Medication induced asthma.
- 7) Nocturnal asthma
- 8) Drug induced asthma.
- 9) Gluco-corticoids deficient asthma.

- Etiology

- Allergens from dirt, mammal fur, mold, cockroaches, pollen.
- Irritants such as cigarette smoke, air toxic waste, chemicals.
- Medicines such as aspirin/other no steroid, anti-inflammatory sulphite in food & drinks.
- Physical activity with exercise.

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